

# Senior Friendship Centers Volunteer Opportunities

There is a current need for volunteers. They need **2 volunteers in Sarasota** (one Spanish speaker for a male client), **1 volunteer in Venice** (female), **2 volunteers in North Port** (both female), and **1 volunteer in Englewood** (female for a 100-year-old woman).

# Here is how you can volunteer:

## Sarasota County Friendly Visitors

Visit a senior in need of friendship!

Isolation is a challenge older adults often deal with when they choose to age in place. Especially if a spouse or partner passes away, survivors sometimes fail to thrive on their own without intervention. The Senior Friendship Centers Friendly Visitor Program matches volunteers with seniors who request a friend to come to their home about once per week to chat, help with errands, play games, or just enjoy companionship. We are looking for volunteers who would enjoy getting to know and build relationships with a local senior on a one-on-one basis, visiting them in their home. We are in particular need of volunteers who can also drive seniors to appointments or the grocery store.

### Schedule:

- Scheduling is flexible, dependent on the individual senior and volunteer. Visits are typically weekly for 1 2 hours.
- This position requires that you are a year-round Florida resident, and we ask that you are able to commit to a minimum of one year of service.

### Requirements:

- Able to commit to a minimum of one year of service typically on a weekly basis.
- Have a kind and patient personality with ability to engage with seniors.
- Be reliable and maintain good communication with the senior client and their SFC Case Manager



- Successfully pass a Level 2 Background Check
- Excellent interpersonal skills, especially when interacting with seniors.
- Ability to interact professionally with all staff, clients, volunteers, and community partners.
- Friendly, flexible, able to handle challenges, and able to work with limited supervision.
- Must possess cultural awareness and sensitivity for all individuals and groups

### Preferred/Bonus

- Own transportation and ability to run errands and/or transport seniors
- Spanish language fluency

# Apply TODAY!

- If you are interested, you can complete their online application here: <a href="https://www.volgistics.com/appform/1427629706">https://www.volgistics.com/appform/1427629706</a>
- Or visit the website at Friendshipcenters.org click on Support and then on Volunteer
- For questions contact volunteer@friendshipcenters.org or call 941-556-3223

If you would like to be more directly involved in supporting SFC and its mission, please <u>click here</u> to be directed to their website and how to volunteer.

If you have any questions, please contact the Impact in Action Member Lisa Barzel at lisabarzel@gmail.com.